



Why you might consider the use of a pessary

- There is a need to postpone having surgery
- Symptoms interfere with daily life
- Assist with postnatal recovery from vaginal birth and assist in pelvic floor strengthening
- The patient is a poor surgical candidate - underlying medical problems, age, etc.
- A pessary may be used as a diagnostic tool for physicians to determine if surgery will correct the problem
- The use of a pessary may provide temporary relief while awaiting surgery
- A patient refuses surgery
- If the patient plans on having children in the future

Contraindication to supportive pessaries

- Local infections -Active infections of the vagina or pelvis, such as vaginitis or pelvic inflammatory disease, preclude the use of a pessary until the infection has been resolved.
- Noncompliance -Noncompliance with follow-up could be harmful since an undetected and untreated erosion could put the patient at risk of developing a fistula.
- Inability to manage the pessary -Sexually active women who are unable to remove and reinsert the pessary